



SUPPORTING NATUROPATHIC
PHYSICIANS FOR OVER
90 YEARS

2026 Annual Conference

The Smart Physician:

Pearls, Protocols, &
Evolving Wisdom

May 1-3, 2026

Conference Guide

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Greetings from the Washington State Secretary of Health

It is my pleasure to welcome you to the **2026 Washington Association of Naturopathic Physicians (WANP) Conference**.

This year's theme, *The Smart Physician: Pearls, Protocols, & Evolving Wisdom*, resonates deeply with me. It reflects the strength that comes from sharing what we are learning, elevating best practices, and recognizing the brilliance each of us brings—so we can advance the health and well-being of our communities.

As Secretary, one of my top priorities is to listen and learn from those working every day to protect and improve the health of people across our state. I believe public health, healthcare, and community organizations achieve the greatest impact when we align around shared goals.

We saw the power of that alignment during the COVID-19 pandemic. I want to acknowledge and thank naturopathic physicians for your contributions during that time. Many of you stood on the front lines—helping to address misinformation, supporting your patients, and expanding access to vaccines. Your efforts made a meaningful difference in communities across Washington.

While we are not currently facing a pandemic, we continue to navigate complex and evolving health challenges. Throughout my tenure, I am committed to strengthening partnerships between public health and healthcare, recognizing the value each of us brings to this shared work.

I hope you leave this conference feeling inspired, connected, and hopeful about the work ahead—and the difference we can make together.

Sincerely,



Dennis E. Worsham
Secretary of Health
Washington State Department of Health

EXECUTIVE DIRECTOR'S WELCOME

Angela Ross, ND



Greetings! I am thrilled to welcome you all to the 2026 Annual Conference of the Washington Association of Naturopathic Physicians (WANP)! We are blown away year after year by the caliber of the presenters who apply to be part of our conference event – and that trend has certainly continued this year. We can't wait for you to take this all in, and we know for sure that you will enter your practice next week with new insights into several conditions and how to approach them.

Our Continuing Education Committee chose this year's theme – *The Smart Physician: Pearls, Protocols, & Evolving Wisdom* – as an intentional invitation for presentations that offer immediately clinically-applicable tools as well as for those that acknowledge the rich history of our medicine and the necessity of evolution in medical knowledge. We hope you will find that our presenters understood the assignment – delivering clinical pearls and straightforward protocols, and evolving our shared wisdom while staying grounded in naturopathic principles.

As the WANP moves through its 91st year of existence and our doctors enjoy their 107th year of legal recognition in Washington State, our profession finds itself facing some challenges. What I know for sure (having just studied this organization's nine decades of history) is that this isn't the first time we've been challenged... and it's not even the most significant challenge we've faced as a profession. What I believe to my core is that these challenges present an opportunity for a significant paradigm shift, for some necessary course corrections, for forward momentum, and for increasing success and recognition for naturopathic physicians across the globe.

In other words, I believe our profession is evolving, and it is only through evolution that we get to our shared vision of "a world where naturopathic physicians thrive and patients have choice and access to high quality naturopathic medical care."

We are excited to be a part of it – despite the hard moments – and we are excited to have YOU be a part of it too. Your decision to spend this lovely spring weekend with us, supporting naturopathic medical education by and for naturopathic physicians, is a recommitment to be a part of this incredible community. We are proud to create the space for this and we are grateful to have you here.

I truly hope you enjoy this weekend of learning in community with your naturopathic physician colleagues. I know you will learn a lot, and I hope the weekend will inspire you to stay connected, to be a bigger part of this (Come to our After Hours events! Speak at our Business Seminar! Run for our Board!), and to remember that you belong.

Thank you for being here. Have a great time!



PRESIDENT'S WELCOME

Sarah Acosta Smith, ND

On behalf of the Washington Association of Naturopathic Physicians, it is my honor and privilege to welcome you to our 2026 Annual Conference. Whether you are joining us for the first time or returning as a familiar face, your presence speaks to a shared commitment to excellence, growth, and the ongoing evolution of naturopathic medicine.

This year's theme — *The Smart Physician: Pearls, Protocols, & Evolving Wisdom* — captures the heart of who we are as naturopathic physicians. As physicians, we are learners and teachers. We draw on time-honored clinical wisdom while embracing the best that modern research and integrative practice have to offer. We are, by nature, smart physicians—not simply in intellect, but in the way we listen, adapt, and grow alongside our patients.

Throughout this conference, you will have the opportunity to engage with experts and colleagues, absorb practical clinical pearls, explore updated protocols, and reflect on the vast landscape of our profession. The sessions have been thoughtfully selected and presented to challenge your thinking, deepen your clinical toolkit, and reinspire your passion for patient-centered care.

Beyond the formal programming, I encourage you to take full advantage of the connections the online format affords: send a message to a friend you have not seen for awhile; socialize with a new colleague; explore what our exhibitors have to share; and chat with our presenters. WANP is not just an association — it is a community. And this conference is one of our greatest expressions of that.

I wish to extend my gratitude to our Continuing Education Committee, our dedicated WANP Executive Director, our generous sponsors and exhibitors, and every speaker who has contributed their expertise to make this event possible. Your collective generosity of time and talent is what makes this conference exceptional year after year.

May these days together leave you energized, informed, and ever more confident in the vital work you do each day. Here's to a remarkable conference — and to the continued growth of naturopathic medicine.

CONFERENCE CHAIR'S WELCOME

Alethea Fleming, ND



The Continuing Education Committee thanks you for joining us for WANP's 2026 Annual Conference!

Our goal is to provide informative, current, useful-on-Monday-morning (and even occasionally good-humored!) continuing education to help us all be well-prepared and enthusiastic health care providers.

Every year we have an opportunity to appreciate the abundance of smart educators who are willing to share their knowledge with us, and every year our goal is to make sure you walk away from this conference with some fresh pearls in your pocket and more depth of understanding for topics both familiar and new.

We are particularly pleased to be able to offer a number of talks that focus strongly on cases and protocols this year.

What better way to help "evolve our wisdom"?

Thank you for participating and we look forward to seeing you again next year.



WANP Leadership



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About WANP

What is the WANP?

The WANP is the leading voice and prime advocate for naturopathic physicians in Washington State.

Our Vision:

A world where naturopathic physicians thrive and patients have choice and access to high quality naturopathic medical care.

Our Purpose:

The Washington Association of Naturopathic Physicians (WANP) represents the interests of its member naturopathic physicians in the State of Washington through legislative and political advocacy and public communications. It serves the profession and the community through effective leadership and commitment to excellence in health education and health care services.

Our Work:

Our current work is guided by 4 goals defined in our 2024-2029 Strategic Plan:

1. Expand and protect access to naturopathic medical care through legislative action and other advocacy work.
2. Foster a robust and sustainable revenue model for WANP.
3. Strengthen and support WANP governance by defining board structure.
4. Educate on and increase understanding of the benefits and opportunities within naturopathic medicine across Washington State.

In addition to the above, the WANP continues to support our members and honor our mission through the following program offerings:



Continuing Education: The WANP offers continuing education seminars and conferences for naturopathic physicians and other health care professionals.

Member Benefits: The WANP works diligently to develop and provide useful benefits for our membership, emphasizing cost savings, clinical tools, and business and financial resources.



Naturopathic Physician Referrals: The WANP serves Washington residents by providing referrals to qualified member physicians.

Public Outreach: The WANP is dedicated to educating Washington residents on the benefits of naturopathic medicine and facilitating access to NDs throughout the state.



Collaboration: The WANP works with businesses, state and local agencies, healthcare and educational institutions, and other organizations to further the health and well-being of Washington residents.

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2026 Conference Schedule

Friday, May 1, 8:00a – 5:05p

DAY 1

8:00a-8:30a | **Welcome & Overview of Conference Platform and Flow** | WANP

8:30a-10:00a | **Neurocognitive Condition Unmasking in Perimenopause and Menopause** | Leslie Fuller, ND, & Marsha Hamilton, ND, MSCP

10:00a-10:30a | Break

10:30a-11:30a | **Prescribing Dance for Brain Health** | Kathryn Hightower, ND

11:30a-12:30p | **GLP-1 Agonists in Autoimmunity: How these diabetes medications are improving inflammation** | Jennifer Bennett, ND, EAMP

12:30p-1:30p | Lunch / Break / Sponsored Presentation

Say Yes to a New Era in HIV Prevention | Warren Dinges, MD, PhD ~
Sponsored by Gilead Sciences

1:30p-2:30p | **Herbal Approaches to Pain Management: *Materia medica*, clinical strategies, and procedural herbalism** | Duncan Lynch, ND, RH(AHG)

2:30p-3:30p | **Reproductive Physiology: Nuances between fertility care and perimenopause care** | Khivan Oberoi, ND, & Stefani Hayes, ND, LAc

3:30p-3:45p | Break

3:45p-5:05p | **Uncovering the Hidden Risk: Adverse pregnancy and postpartum outcomes as predictors of cardiovascular disease in women** | Danielle Watson, ND

3:45p-5:05p | **Innovations in the Evaluation and Management of Sarcopenia: An integrative framework** | David Barry, ND, DC, PhD



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2026 Conference Schedule

Saturday, May 2, 8:00a - 5:15p

DAY 2

8:00a-9:00a | **Group Medical Visits: A powerful naturopathic care delivery model** | Greg Yasuda, ND

9:00a-10:00a | **Clinical Pearls for Biofilm Management** | Paul Anderson, ND

10:00a-10:30a | Break / Sponsored Presentation

SP Children's® ProSynbiotic: A Food-First, Clinically Informed Approach to Digestive and Immune Health | Daina Parent, ND ~ *Sponsored by Standard Process*

10:30a-11:35a | **The Smart Longevity Physician: Protocols for mitochondrial resilience & epigenetic renewal** | LuLu Shimek, ND, FMCP-M

10:30a-11:35a | **Modulating the Immune System with Immunotherapy** | Darin Ingels, ND, FAAEM, FMAPS

11:35a-12:30p | **Beyond Hormones, Weight Loss, and Heart Health: Troubleshooting loneliness and loss of community in midlife and aging** | Sunita Iyer, ND, LM

11:35a-12:30p | **Empowering Naturopathic Physicians to Drive Health Equity and Optimal Wellness for All** | Dennis Godby, ND, MA

12:30p-1:30p | Lunch / Break / Sponsored Presentation

Longevity Starts with the Kidneys: Reducing Toxin Burden Through the Gut-Kidney Axis | Eric Yarnell, ND, RH(AHG) ~ *Sponsored by Kibow Biotech*

1:30p-2:30p | **Uprooting Eczema from the Inside Out: A naturopathic & homeopathic approach** | Sharum Sharif, ND

1:30p-2:30p | **Talking to Patients About Sexual Health: Brief assessment and education** | Elizabeth Bird, PhD, CST

2:30p-3:30p | **How Highs Hurt Your Heart: Cardiovascular effects of recreational substances** | Bill Walter, ND

3:30p-3:45p | Break

3:45p-5:15p | **Clinical Pearls and Co-Morbidities in Mast Cell Disorders** | Lela Altman, ND, LAc, FABNG

2026 Conference Schedule

Sunday, May 3, 8:00a – 5:00p

DAY 3

8:00a-9:00a | **Reclaiming Metabolic Health: Ancient wisdom meets modern science** | Virender Sodhi, ND, MD(Ayurveda)

9:00a-10:00a | **From Concept to Clinic: Applying matrix physiology in naturopathic detoxification** | Mark Iwanicki, ND, LAc

10:00a-10:30a | Break

10:30a-11:30a | **Providing Care to Minors in Washington State: Laws, rules, & clinical considerations** | Brendan Smith, ND

11:30a-12:30p | **Peptide Therapy for Patients with Complex Chronic Illness** | Nafysa Parpia, ND

12:30p-1:30p | Lunch / Break / Sponsored Presentation

Navigating the Mold Industry and the Emergence of Healthcare-centric Remediation | Arthur Robles, CMI, MRS, & Andrea Hembroff ~ *Sponsored by Green Home Solutions of Greater Seattle*

1:30p-2:00p | **WANP ANNUAL MEMBER MEETING**

2:00p-3:30p | **A Naturopathic Approach to "Difficult to Treat" Depression** | Constance Ohlinger, ND

2:00p-3:30p | **Pain Management: Key concepts and assessment** | Bill Walter, ND

3:30p-5:00p | **Understanding & Treating Visceral Hypersensitivity** | Megan Taylor, ND



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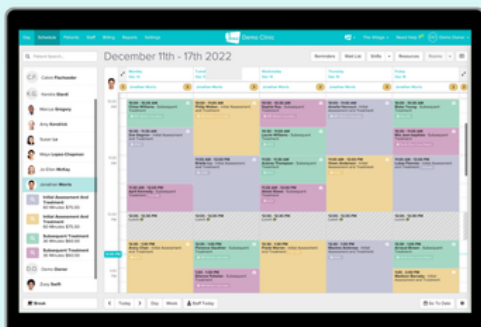


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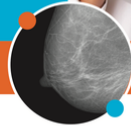
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2026 Conference Presenters



CONFERENCE SPEAKERS

Lela Altman, ND, LAc, FABNG

*Naturopathic Physician | Family Health Centers; Health Moves
Brewster, WA; Woodinville, WA*

Dr. Lela Altman is a licensed naturopathic physician and acupuncturist with extensive clinical, academic, and leadership experience. She is a Fellow of the American Board of Naturopathic Gastroenterology and is widely recognized for her work with complex gastrointestinal conditions and mast cell disorders.



Dr. Altman has practiced in a wide range of clinical settings, including private practice, a federally qualified health center, free clinics, teaching clinics, tribal health, and a hospital-affiliated integrative medicine clinic. She currently serves a rural, medically underserved community in Washington State, where she provides high-volume primary and specialty care across the lifespan. She also maintains a private practice in Western Washington.

In addition to her clinical work, Dr. Altman has a strong academic and mentorship background. For over a decade, she served as faculty at Bastyr University, where she supervised clinical education, taught classes, led institutional committees, and helped restructure clinical training programs. She is the founder of Integrative Medical Education, through which she develops continuing education programs and mentorship opportunities for clinicians seeking advanced training in integrative gastroenterology and complex patient care.

Dr. Altman is also actively involved in developing evidence-informed gut health products and professional resources designed to bridge gaps between research, clinical practice, and real-world patient needs. She is passionate about improving access to care and advancing integrative medicine within multidisciplinary healthcare systems.

Paul Anderson, ND

*Naturopathic Physician | Anderson Medical Group
Everett, WA*

Dr. Paul Anderson is a recognized educator and clinician in integrative and naturopathic medicine with a focus on complex chronic illness and cancer. In addition to his three decades of clinical experience, he served as the head of the interventional arm of a U.S. National Institutes of Health-funded human research trial using intravenous and integrative therapies in cancer patients.



Dr. Anderson founded Advanced Medical Therapies – a clinic specializing in cancer and chronic diseases – in Seattle, Washington, and now focuses his time in collaboration with clinics and hospitals in the United States and other countries.

His former positions include multiple medical school posts, Professor of Pharmacology and Clinical Medicine at Bastyr University, and Chief of IV Services for Bastyr Integrative Oncology Research Center. Dr. Anderson is co-author with Dr. Mark Stengler of *Outside the Box Cancer Therapies* (Hay House) and author of *Cancer... The Journey from Diagnosis to Empowerment* (Lioncrest Publishing). He also co-authored the IV textbook *A Scientific Reference for Intravenous Nutrient Therapy* with Drs. Osborne and Carter.

2026 Conference Presenters

CONFERENCE SPEAKERS



David Barry, ND, DC, PhD

*Senior Research Fellow | Clinical Gerontology, National Ageing Research Institute
Melbourne, Victoria (Australia)*

Dr. David Barry is a Senior Research Fellow in Clinical Gerontology at the National Ageing Research Institute (NARI) in Melbourne, Australia. He is a Doctor of Naturopathy (Bastyr University) and Chiropractic (National University of Health Sciences) and practiced as a naturopathic physician and chiropractor in Washington State before relocating to Australia in 2011. Dr. Barry has extensive experience conducting investigator-led and commercially-sponsored clinical trials across multiple disciplines, including gastroenterology and rheumatology. His PhD thesis investigated associations between the gut microbiome and sarcopenia, reflecting his broader research focus on the links between microbiome health, nutrition, and aging. A former Senior Lecturer in Naturopathy and Nutrition at Endeavour College of Natural Health in Melbourne, Dr. Barry remains committed to advancing integrative, evidence-based approaches to healthy aging. He is also the author of the Sarcopenia chapter in the *Textbook of Natural Medicine (5th Edition)*.



Jennifer Bennett, ND, EAMP

*Naturopathic Physician/Owner | Aria Integrative Medicine
Seattle, WA*

Dr. Jenny Bennett is a naturopathic doctor, acupuncturist, and founder of Aria Integrative Medicine – an autoimmune clinic in Seattle, Washington. She received her Doctor of Naturopathic Medicine degree and Masters of Acupuncture and Oriental Medicine from Bastyr University in 2012. Prior to medical school, she received her Bachelor of Science in Pharmacological Chemistry from the University of California – San Diego, and worked at the Scripps Center for Integrative Medicine. She currently serves as adjunct faculty at Bastyr University, where she teaches Rheumatology. She also hosts a 10-week Advanced Autoimmune Mentorship for physicians and students every quarter. She is on the Board of Directors for the GastroANP and has served on the board for the Autoimmune Advocacy Alliance. She is passionate about educating doctors on how to diagnose and treat rheumatologic and autoimmune conditions.



Ashok Bhandari, ND, MS

*Naturopathic Physician | SageMED
Bellevue, WA*

Dr. Ashok Bhandari is a naturopathic physician practicing in Bellevue, Washington. He has completed extensive training in nutrition and nutraceuticals, physical and sports medicine, and exercise physiology. Prior to obtaining his degree in naturopathic medicine, Dr. Bhandari helped train professional athletes as a strength and conditioning coach.

In his clinical practice, Dr. Bhandari emphasizes individualized diet and lifestyle interventions, building a strong foundation of health for all treatments to work off of. Dr. Bhandari specializes in regenerative sports medicine and physical medicine, rehabilitating complex injuries, and treating acute and chronic pain holistically.

Outside of his practice, Dr. Bhandari teaches professional level courses on exercise physiology, orthopedics, and sports medicine to medical students and experienced doctors.

2026 Conference Presenters



CONFERENCE SPEAKERS

Elizabeth Bird, PhD, CST

*Clinical Psychologist | Evergreen Therapy
Seattle, WA*

Dr. Elizabeth Bird is a licensed clinical psychologist with over 12 years of experience conducting therapy with individuals and couples. Dr. Bird earned her PhD from the University of Washington and completed her internship and postdoctoral fellowship at the Seattle Veterans Affairs Medical Center. Dr. Bird has published 19 peer reviewed journal articles in the areas of sexual health, trauma, and alcohol use, and she has provided over 40 presentations throughout her career in both academic and clinical settings. She spent the last 6 years working as a staff psychologist at the Seattle VA and recently joined a small group private practice, where she specializes in sex and couples therapy and treatment for anxiety disorders and PTSD. Dr. Bird has completed all of the AASECT requirements to become a Certified Sex Therapist.



Brenden Cochran, ND, FAAO

*Owner/CEO | Interactive Health Clinic
Lynnwood, WA*

Dr. Brenden Cochran is a physician, coach, and educator dedicated to integrating therapies for optimal clinical outcomes. A prominent figure in outcome-based medicine, he is renowned for his commitment to innovative education, unconventional therapies, and progressive medical practices. Armed with a Doctor of Naturopathic Medicine degree from Bastyr University, he founded the Interactive Health Clinic, distinguished for its expertise in holistic healthcare, integrative oncology, and advanced pain management techniques. Dr. Cochran continues to lead the way in empowering medical professionals worldwide towards a future of transformative healthcare solutions.



Leslie Fuller, ND

*Professor/Naturopathic Physician | University of Western States
Portland, OR*

Dr. Leslie Fuller is a compassionate and dedicated naturopathic physician specializing in the treatment of neurological disorders. A 2009 graduate of the National University of Natural Medicine (NUNM), Dr. Fuller brings extensive knowledge and experience to the diagnosis and treatment of a wide range of neurological disorders, and a keen recognition of the impact these conditions can have on the whole body. Incorporating a variety of natural therapies, such as nutrition, botanical medicine, lifestyle modifications, and stress management techniques, she aims to support the body's internal healing process and optimize neurological function.



Dr. Fuller is a full-time professor at the University of Western States, where she teaches Masters and Doctoral level coursework in nutrition, laboratory assessment, and differential diagnosis. She also maintains a private practice in Corvallis, Oregon, providing both in-person and virtual care.

2026 Conference Presenters

CONFERENCE SPEAKERS



Dennis Godby, ND, MA

Naturopathic Physician/Owner | Sacramento Naturopathic Medical Center

Founder | Walk USA for Health Equity

Sacramento, CA

Dr. Dennis Godby has over 20 years of experience as a naturopathic doctor in California. He has a bachelors degree in Exercise Physiology and Nutrition from Oregon State University (1979) and a Master of Theological Studies from Mary Knoll School of Theology (1990). He loves having been an integral part of the health transformation and mood optimization of thousands of patients using natural medicine. Dr. Godby founded the Diabetes Natural Path Center in 2005 to focus on helping patients overcome diabetes. He is passionate about naturopathic medicine and organized "the run" across the USA in 2011 to increase awareness of the field. In 2022, he created "Walk USA for Health Equity" to raise awareness about disparities in the healthcare system in the United States. This walk is set to end in Seattle, Washington, in 2026.

Dr. Godby was awarded the "True Grit Award" in 2023 by the American Association of Naturopathic Physicians (AANP) and was the first recipient of the "Naturopathic Doctor of the Year Award" in 2012 by the California Naturopathic Doctors Association (CNDA).



Marsha Hamilton, ND, MSCP

Naturopathic Physician/Owner | Flow Natural Health Care

Milwaukie, OR

Dr. Marsha Hamilton is a naturopathic physician licensed in both Oregon and Washington and a Menopause Society Certified Practitioner (MSCP). She graduated from National University of Natural Medicine (NUNM) in 2009 and founded Flow Natural Health Care - a women's health and menopause specialty practice in the Portland, Oregon, area. Her clinical focus is on naturopathic menopause care, hormone replacement therapy, and peri/postmenopausal athletes.



Stefani Hayes, ND, LAc

Naturopathic Physician/Acupuncturist | Kwan Yin Healing Arts Center

Portland, OR

Dr. Stefani Hayes is a Naturopathic Physician and Acupuncturist specializing in women's health and fertility. She completed her doctoral degree in Naturopathic Medicine and Masters in Acupuncture at the National University of Natural Medicine.

Her specific interests in Integrative Fertility Medicine are with often hidden conditions such as endometriosis and premature ovarian insufficiency (POI). She provides proactive, informed, collaborative fertility care and is also incredibly passionate about teaching her colleagues to adjust their women's health training to the unique and specific needs of fertility patients.

2026 Conference Presenters



CONFERENCE SPEAKERS

Kathryn Hightower, ND

*Naturopathic Physician | Rebel Med Northwest
Seattle, WA*

Dr. Kathryn Hightower (she/they) focuses on mental health, gender affirming care, pain management, and hormone replacement therapy for all genders. Especially passionate about gender affirming healthcare, she frequently engages in research and public speaking on the topic in order to educate her colleagues on the truth about this vital medicine.



Dr. Hightower received a Doctor of Naturopathic Medicine from Bastyr University in 2019 and then completed two years of residency through the Institute for Natural Medicine at Emerald City Naturopathic Clinic in Seattle, Washington.

Dr. Hightower models self-compassion and life balance by remaining an active member of the local dance community. She teaches, choreographs, and performs regularly, and is a founding member of Rain City Tappers, a tap dance collective. Her other interests include cooking, crocheting, gardening, and reading.

Darin Ingels, ND, FAAEM, FMAPS

*Naturopathic Physician | Wellness Integrative Naturopathic Center
Laguna Hills, CA*

Dr. Darin Ingels is a naturopathic doctor, author, international speaker, and leading authority on Lyme disease. In his personal 3-year battle against debilitating Lyme disease, Dr. Ingels found that proper diet, lifestyle management, and natural therapies were far more effective than the conventional treatments he tried. He went on to apply what he learned to his own patients and found they recovered faster and with fewer adverse effects. Dr. Ingels was subsequently diagnosed with multiple sclerosis and continues to use these same tools to manage his symptoms and control his MS. Using his novel approach, he has treated thousands of patients with chronic illness, many of whom have gone on to live healthy, symptom-free lives.



Dr. Ingels has been featured on WebMD, MindBodyGreen, BeWell, ThriveGlobal, Motherly, Voyage LA, and Dr. Ron Hoffman's "Intelligent Medicine" podcast. He is the author of *The Lyme Solution: A 5-Part Plan to Fight the Inflammatory Autoimmune Response and Beat Lyme Disease*.



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Mark Iwanicki, ND, LAc

Naturopathic Physician | Dr. Mark Iwanicki
Estero, FL

Dr. Mark Iwanicki is a naturopathic doctor, acupuncturist, and educator specializing in European Biological Medicine, detoxification, and chronic disease reversal. He integrates advanced drainage and regulatory therapies with functional medicine and nutrition to restore optimal health at the cellular and extracellular matrix level. Dr. Iwanicki is the creator of the Intro to Drainage for Practitioners course and the author of the upcoming book *The Matrix Reset: Key Strategies for Healing the Body's Soil*. His clinical focus is on restoring regulation through the extracellular matrix and the foundational principles of naturopathic medicine.



Sunita Iyer, ND, LM

Naturopathic Physician | Dr. Sunita Iyer LLC
Associate Teaching Professor | University of Washington - Bothell
Edmonds, WA; Bothell, WA

As a midwife and a naturopathic physician, Dr. Sunita Iyer has always enjoyed a bit of the "town doctor" life. Working with families to achieve health, welcome babies, navigate parenthood, and grow older has been a central part of her practice over the years. In recent years, she has also embraced her role as an educator—an identity that is woven into everything she does. Having taught at Bastyr University since 2009, she transitioned to the University of Washington - Bothell in 2016 and is now an Associate Teaching Professor there. Dr. Iyer teaches in the School of Nursing and Health Studies, educating future healthcare professionals, including nurses, health educators, and public health advocates at both the undergraduate and graduate level.



Duncan Lynch, ND, RH(AHG)

Naturopathic Physician | Moonflower Integrative Medicine
Bellevue, WA

Dr. Duncan Lynch is a naturopathic physician and clinical herbalist. He received his naturopathic doctoral degree from Bastyr University in 2021 and then completed a 2-year integrative medicine residency through the Association of Accredited Naturopathic Medical Colleges (AANMC). He currently provides integrative naturopathic care and clinical herbalism at his practice, Moonflower Integrative Medicine, in Bellevue, Washington. Dr. Lynch's clinical interests include integrative primary care, clinical botanical medicine, acute and chronic disease, pain management, and psychoneuroimmunology.



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CONFERENCE SPEAKERS

Khivan Oberoi, ND

*Naturopathic Physician | Maansi Family Health Center
Salem, OR*

Dr. Khivan Oberoi (she/her) is a licensed Naturopathic Physician with extensive expertise in integrative fertility care, reproductive endocrinology, and the ethical application of assisted reproductive technologies (ART). She specializes in supporting patients navigating complex fertility journeys—including LGBTQ+ individuals and couples—through evidence-based, affirming, and individualized care.



Dr. Oberoi is the co-founder of the Art of Fertility with Dr. Stefani Hayes. Art of Fertility is a professional education platform aimed at training integrative and naturopathic providers to ethically and effectively co-manage fertility patients.

In her private practice, she focuses on providing thoughtful, evidence-informed care for fertility, hormonal, and reproductive concerns. Her approach combines evidence based scientific insight with a compassionate, systems-oriented mindset.

As a patient and provider of fertility care, Dr. Oberoi brings a lived understanding of the emotional, financial, and structural complexities that shape fertility care. Her work is rooted in the belief that every patient deserves respectful, transparent guidance—especially when navigating deeply personal and high-stakes decisions around reproductive health.

Constance Ohlinger, ND

*Clinic Director/Naturopathic Physician | Whole Systems Healthcare
Portland, OR*

Dr. Constance Ohlinger is the clinic director of the Whole Systems Healthcare (WSHC) Portland clinic, and the site director for the WSHC residency program. She is also an active member on the executive board of the Institute for Natural Medicine (INM) Residency Consortium. She is passionate about advancing the naturopathic profession through teaching and mentorship.



Dr. Ohlinger completed her ND degree and residency at the National University of Natural Medicine (NUNM) in 2018, going on to practice naturopathic primary care with a focus in integrative mental health. Through collaboration with her colleagues, WSHC became one of the first naturopathic practices in the nation to become a certified Spravato (esketamine) approved site in 2019. Since that time, she has completed additional training in ketamine therapy through the ASKP3, with an ongoing personal vision to expand access to mental healthcare for underserved populations.



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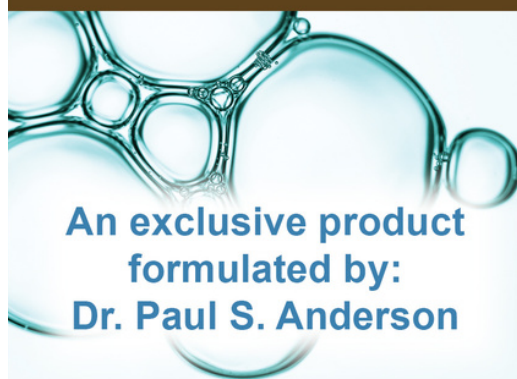


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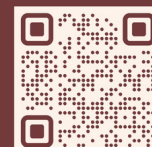


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Nafysa Parpia, ND

*Naturopathic Doctor/Director of Naturopathic Medicine | Gordon Medical Associates
San Rafael, CA*

Dr. Nafysa Parpia is a naturopathic doctor and the Director of Naturopathic Medicine at Gordon Medical. Throughout her career in holistic medicine, she has focused on treating patients with complex chronic illnesses. She specializes in tick-borne illness/Lyme disease, environmentally acquired illness, mold/mycotoxin illness, autoimmunity, fibromyalgia, long haul COVID, myalgic encephalomyelitis/chronic fatigue syndrome (ME/CFS), and mast cell activation syndrome (MCAS).

Dr. Parpia is the foremost expert in peptides for complex chronic illness and her extensive knowledge has helped people worldwide overcome difficult-to-treat medical conditions. She uses cutting-edge laboratory tests and deep intuition applied to the full range of scientific data to create comprehensive treatment plans that are highly personalized.

Her targeted system of care includes a synergistic blend of naturopathic and allopathic medical diagnoses paired with treatment that includes regenerative medicine, micronutrient therapies, peptide therapies, bioidentical hormone therapy, botanical medicine, pharmaceuticals, and psychoemotional support.



Sharum Sharif, ND

*Naturopathic Physician | Whole Health Clinic
Kent/Seattle, WA*

Dr. Sharum Sharif is a licensed naturopathic physician and 2003 graduate of Bastyr University. He specializes in naturopathic and homeopathic dermatology, with his Seattle clinic focused exclusively on skin conditions. His websites, DrDermND.com and HomeopathicDermatology.com, showcase before-and-after results from treated cases. He has published articles on homeopathic dermatology and presented on the subject at the 2018 American Association of Naturopathic Physicians (AANP) conference.

Dr. Sharif practices full-time at his Kent and Seattle clinics and serves as affiliate clinical faculty at Bastyr University. He has lectured widely on homeopathy at naturopathic schools and professional associations. He is also the author of *Visual Homeopathy* and creator of VisualHomeopathy.com, a teaching platform featuring patient videos to illustrate constitutional prescribing.



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CONFERENCE SPEAKERS

LuLu Shimek, ND, FMCP-M

*Naturopathic Physician | Dr. LuLu Naturopathic Clinic, LLC
Asheville, NC*

Dr. LuLu Shimek is a naturopathic physician and functional medicine practitioner known for her expertise in longevity, mitochondrial resilience, women's health, and epigenetics. With a root-cause approach to care, she guides patients and communities to unlock vibrant health, enhance cellular energy, and extend health span through precision protocols and biohacking strategies.



In 2025, Dr. Shimek served as a visiting physician at Soneva Soul in the Maldives, where she integrated advanced functional medicine and regenerative therapies into luxury wellness experiences. She is the author of *Detox. Nourish. Activate: Plant & Vibrational Medicine for Energy, Mood & Love* and host of "The Genetic Genius" podcast, where she blends science and soul to share the future of medicine with a global audience. A dynamic international speaker and wellness consultant, Dr. Shimek delivers transformative talks and programs that inspire physicians and patients alike to embrace vitality, resilience, and longevity.

Brendan Smith, ND

*Chief Quality and Compliance Officer/Population Health Director | Family Health Centers
Okanogan County, WA*

Dr. Brendan Smith is an accomplished healthcare professional with over 8 years of experience working in Federally Qualified Health Centers (FQHCs) serving rural areas and low-income families. Throughout his career, he has focused on evidence-based clinical practice, patient-centered care, and shared decision-making. Harnessing experience in education and clinical practice across multiple FQHCs, he brings pragmatism to quality and compliance by facilitating change management, staff/leadership education, and systems design. Dr. Smith directly oversees Community Health Workers/Health Educators to provide extra support to patients and care teams in order to achieve high quality healthcare and outcomes. He also regularly pursues training opportunities in the areas of quality and risk and participates on a community level as a board member for both the county housing authority and a non-profit for at-risk youth in Okanogan County.



Virender Sodhi, MD (Ayurveda), ND

Chief Executive Officer | Ayush Herbs

*Naturopathic/Ayurvedic Physician | Ayurvedic and Naturopathic Medical Clinic
Bellevue, WA*

Dr. Virender Sodhi graduated as an Ayurvedic physician from Dayanand Ayurvedic Medical College in Jalandar, India, in 1980. He came to the United States to share Ayurveda as part of a cultural exchange program and ended up pursuing his naturopathic medical degree from Bastyr University, completing that program in 1988. He went on to become one of the first pioneers to integrate the medical sciences of Ayurveda and naturopathic medicine and was the first Doctor of Ayurveda and Doctor of Naturopathic Medicine in the United States. Dr. Sodhi has continued to integrate the best of both sciences in his practice for over 36 years. Having completed a fellowship in integrative oncology in 2012, oncology has become an important part of his primary-care practice. Additionally, Dr. Sodhi is the CEO of Ayush Herbs, Inc., and serves as Medical Director of the Ayurvedic Naturopathic Medical Clinic in Bellevue, Washington.



2026 Conference Presenters

CONFERENCE SPEAKERS



Megan Taylor, ND, FABNG

*Naturopathic Physician/Co-Owner | Neighborhood Naturopathic
Seattle, WA*

Dr. Megan Taylor is a Naturopathic Doctor and Fellow of the American Board of Naturopathic Gastroenterology. Dr. Taylor provides naturopathic gastroenterology for adults and pediatric patients at Neighborhood Naturopathic & Primary Care – the clinic she co-owns in Seattle, Washington, where she also hosts a residency site. Dr. Taylor earned her doctoral degree in naturopathic medicine from National University of Natural Medicine (NUNM) in Portland, Oregon. She completed two years of post-graduate residency training in primary care and naturopathic gastroenterology and is well-versed in the evaluation and management of digestive conditions, including common co-occurring conditions such as hypermobile Ehlers-Danlos syndrome (hEDS), mast cell activation syndrome (MCAS), long COVID, and dysautonomia.

Dr. Taylor serves as adjunct faculty at Bastyr University, teaching the gastroenterology curriculum. She also teaches a course series in advanced GI topics for practitioners throughout the year at megantaylornd.com.

She is a proud member of the Gastroenterology Association of Naturopathic Physicians (GastroANP) and of the Washington Association of Naturopathic Physicians (WANP) and is a former board member of the GastroANP.



Bill Walter, ND

*Associate Medical Director/Naturopathic Physician | Community Health Centers of Lane County
Eugene, OR*

Dr. Bill Walter received his doctoral degree in naturopathic medicine from Bastyr University and went on to complete a residency at the Bastyr Center for Natural Health in Seattle, Washington. He is near completion of a mini-fellowship in Primary Care Psychiatry through the University of California – Irvine. Currently, he works as Associate Medical Director at the Community Health Centers of Lane County – a Federally-Qualified Health Center in central Oregon – splitting his time between administrative duties and clinical practice. He also serves as Vice-Chair (and Chair-Elect) of the Clinical Advisory Panel for Trillium Community Health Plans – the local Medicaid Coordinated Care Organization – where he previously served as Chair of the Chronic Non-Malignant Pain Committee. He is one of Oregon's delegates to the American Association of Naturopathic Physicians (AANP) House of Delegates and previously served as Chair of the AANP Scientific Affairs Committee. He has lectured extensively to conventional and naturopathic communities about a range of topics, mostly related to chronic pain. He lives in Eugene, Oregon, with his wife and daughter and their several pets, and he is passionate about games.



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CONFERENCE SPEAKERS

Danielle Watson, ND

*Naturopathic Physician | Centre Health/The Mother Doctor
Greater Sudbury, Ontario (Canada)*

Dr. Danielle Watson is a naturopathic doctor with a clinical expertise in maternal health. She holds a Bachelor of Arts (with honors) in Psychology from Wilfrid Laurier University and a Doctor of Naturopathy degree from the Canadian College of Naturopathic Medicine. Dr. Watson is the owner of Centre Health and has consulted on digital platforms supporting perinatal health. She has also been invited to keynote at national and international conferences, sharing her expertise in integrative maternal care and evidence-based naturopathic approaches. Dr. Watson shares her knowledge on her social media pages (@themotherdoctor) to educate further on naturopathic perinatal care.



Gregory Yasuda, ND

*Associate Professor | Bastyr University
Naturopathic Physician | Water & Stone Wellness, PLLC
Kenmore, WA; Edmonds, WA*

Dr. Greg Yasuda graduated from Bastyr University in 2003 and has been a faculty member there since 2008. In 2016, he delivered a keynote on Belonging for the Bastyr faculty development retreat and has lectured on the topic in philosophy courses, grand rounds, and conferences since. He sees belongingness as a fundamental need that impacts our thoughts, behaviors, and every aspect of our being. In a continued effort to better address this social determinant of health, he created a group medical visit shift at the Bastyr Center for Natural Health in Seattle, Washington, in 2025, enabling patients and students to meet together as a group to teach and learn about how to cultivate health together. This program has been successful and popular among students and patients alike and is being expanded to Bastyr's San Diego, California, campus in 2026.



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Dr. Dinges's participation is sponsored by Gilead Sciences.

Warren Dinges, MD, PhD

*Infectious Disease Specialist | Seattle Infectious Disease Clinic
Seattle, WA*

Dr. Warren Dinges is a physician-scientist board certified in Internal Medicine and Infectious Diseases. He has conducted extensive medical research concerning HIV and other infectious diseases. His work has been, and continues to be, published in numerous medical and scientific journals. In addition, Dr. Dinges provides private patients the highest-level of HIV, travel, and internal medicine care.

Dr. Dinges attended the flagship medical school of the University of Texas – The University of Texas Southwestern Medical Center in Dallas, Texas – for both medical school and an Internal Medicine Residency. He then attended the University of Washington's prestigious Infectious Disease fellowship program – ranked as one of the top two infectious disease programs in the country at the time of his matriculation.

In addition to his clinical work, Dr. Dinges is an inventor with several issued and pending patents. His intellectual property work includes DNA analysis, cell sorting, and laser technologies. He lives close to downtown Seattle with his spouse, two cats, and a dog.



Dr. Parent's participation is sponsored by Standard Process.

Daina Parent, ND

*Naturopathic Liaison/Education | Standard Process
Palmyra, WI*

Dr. Daina Parent is a Clinical Educator at Standard Process and a licensed naturopathic physician. She earned her Doctor of Naturopathic Medicine from Sonoran University of Health Sciences (formerly the Southwest College of Naturopathic Medicine) in Tempe, Arizona. During her residency, Dr. Parent completed advanced training in aesthetics, laser operation, and anti-aging medicine while serving as the clinic's Medical Director.

After her work in aesthetic medicine, Dr. Parent practiced for several years in a primary care setting that focused on hormone balance, gut and thyroid health, intravenous nutritional therapy, acupuncture, and comprehensive diet and lifestyle interventions. She is passionate about education and is dedicated to empowering practitioners and patients to achieve optimal health by integrating evidence-based medicine into clinical practice.



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Arthur Robles, CMI, MRS

*Principal Inspector | Green Home Solutions of Greater Seattle
Issaquah, WA*

Art Robles is the Principal Indoor Air Quality (IAQ) Inspector and primary client-facing technical lead for Green Home Solutions of Greater Seattle. He holds the American Council for Accredited Certification (ACAC) Certified Microbial Investigator (CMI) credential and is an Institute of Inspection Cleaning and Restoration Certification (IICRC)-accredited Mold Remediation Specialist (MRS). With six years in the indoor sciences, Art has inspected more than 1,000 homes ranging from 1790s antique colonials to modern architectural custom homes.

Art now brings his deep experience in structural mold assessment and corrective remediation protocol development to Seattle, Washington, to focus on healthcare-centric mold remediation solutions and helping the immunocompromised community navigate the road to a healthier indoor ecology.

His favorite word is collaboration, and he enjoys working directly with clients seeking environmental wellbeing to understand their concerns, explain the science in plain language, and develop remediation plans tailored to their specific conditions and needs. A musician and artist outside of work, he brings curiosity and creativity into the way he approaches complex building-health challenges.



Mr. Robles's participation is sponsored by Green Home Solutions of Greater Seattle.

Eric Yarnell, ND, RH(AHG)

*Naturopathic Physician/Chief Medical Officer | Northwest Naturopathic Urology
Everett, WA*

Dr. Eric Yarnell, a 1996 graduate of Bastyr University, is chief medical officer at Northwest Naturopathic Urology. He has been in practice for 29 years, primarily in the fields of men's health, urology, and nephrology, with an emphasis on botanical medicine. Dr. Yarnell is chief creative officer of Wild Brilliance Press, vice president of Heron Botanicals, and CEO of Red Root Pharmaceuticals. He previously served as chair of the Department of Botanical Medicine at Southwest College of Naturopathic Medicine (now called Sonoran University of Health Sciences), was full professor at Bastyr University, and helped edit the Journal of Naturopathic Medicine. He is adjunct faculty at Bastyr (both campuses), Sonoran, and the Canadian College of Naturopathic Medicine (CCNM). His published works include *Clinical Botanical Medicine* (2nd ed), *Natural Approach to Urology* (2nd ed), *Natural Approach to Prostate Conditions* (2nd ed), and *Natural Approach to Gastroenterology* (2nd ed). He has received the American Association of Naturopathic Physicians Vis Award (2014), GastroANP's Borborygmus Award (2020), the Naturopathic Medical Student Association's Faculty of the Year Award (2018 and 2020), and the Washington Association of Naturopathic Physicians Champion of Naturopathic Medicine Award (2025).



Dr. Yarnell's participation is sponsored by Kibow Biotech.



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SARAH ACOSTA SMITH | JAMIE AGISHEVA | AMIRA AHDUT | PATRICIA ALLEN | KRISTEN ALLOTT | ANDREW ALLSHOUSE | LELA ALTMAN | NICOLE ANDERSON | PAUL ANDERSON | ALLISON APFELBAUM | KAREN APPEL | CHAD ASCHTGEN | JENNIFER ASH | JANUARY AUSTIN | BROOKE AZIE-RENTZ | GARY BACHMAN | JENNA BAILEY | ASHLEY BAKER | KELLY BAKER | JONATHAN BAKKER | LISA BALLANTYNE | MATT BARAN-MICKLE | KRISTEN BARNES | LAVICA BARNES | CINDY BECK | MARY BELIY | LEYARDIA BLACK | LAUREN BLACKHAM | TIFFANY BLOOMINGDALE | CAROL BOBOVSKI | TODD BORN | CHRISTINE BOWEN | MELINDA BOWER | STACY BOWKER | YUEL BOYCE | HEATHER BOYD ROBERTS | JESSICA BRIDGES | CATHY BRINTON | LORI BROWN | MARY BROWNING | NAOMI BRYANT | HEATHER BUCKLE | REBECCA BUETTNER | DAVID BURNS | MICHAEL BYRNE | RYAN CAMPBELL | KATHERINE CARVLIN | SARAH CASSIDY | KIM CELMER | GRACE CHANG | JUNG EUN CHANG | KABRAN CHAPEK | SARAH CHAPPELLE | JESSICA CHON | CHELSEA CLOUD | ALICIA COLE | ANNA COLOMBINI | SEAN CONGDON | KRISTINA CONNER | MICHAEL CONWAY | ADRIANNE COOK | MICHAEL CORSILLES | CHRIS COTNER | GENEVIEVE COURTNEY | XAMANTHA CURAMENG | OLIVIA DACK | KATHERINE DAHLGREN | SARA DANKO | RACHEL DAY | JENN DAZEY | PAUL DE JONG | ROSALIE DE LOMBAERT | JOANN DECHANT | DAVID DEICHERT | AMY DERKSEN | ALISHA DETORRES | LETITIA DICK-KRONENBERG | ALYSSA DIRIENZO | REBECCA DIRKS | MEREDITH DISTANTE | CHRISTIAN DODGE | PAUL DOMPÉ | LINDSAY DONAHUE | AARON DONNY-CLARK | JANELLE DOOLITTLE | JAMIE DOUGHTY | JAMES DRAKE | JOSEPH DUMOVIC | MICHELE DUNLAP | LAURA EASTMAN | LOUISE EDWARDS | MOHGA ELABBADI | RACHEL ERICKSON | KELSIE ERVIN | MONA FAHOUM | BETH FALANGA | PHILIP FALER | AUTUMN FARR | AMY FASIG | DAVID FELL | LAURA FLANAGAN | ALETHEA FLEMING | MOLLY FORCE | MAGGIE FOX | MOLLY FOX | MARNIE FRISCH | RACHEL FRY | LAURA GALATI | SARI GALLEGOS | KELLEY GARRISON | ADAM GEIGER | KIM GEORGES | ALISHA GHAJAR | SABIN GILMAN | RACHEL GIORDANO | DEBORAH GLEISNER | TEMA GOCHBERG | CORINA GOING | TERESA GOLDSMITH | CHELSEA GORDON | HANNAH GORDON | MOLLY GRAY | JULIE GREENBERG | ANDREA GRUSZECKI | ERIK GUDMUNDSON | MANDY GULLA | SAMANTHA GUTHRIE | CHRISTINA GUTIERREZ | JESSICA HANCOCK | CARRIE HARDY | JEFF HARRIS | COLLEEN HART | CARA HARTZ | RACHELLE HERDMAN | RIAN HERSCHER | LAURA HIEB | KATHRYN HIGHTOWER | JOANNE HILLARY | CHRISTINA HINCHCLIFFE | RON HOBBS | AMY HOBSON | EVANGELYNN HONEGGER | CAMILLE HOUGARDY | NOEL HUBBS | CASSANDRA HURD | KAREN HURLEY | KATRINA IAMS-HAUSER | MARGIE IKEDA | CHRISTINE JAMES | KATHLEEN JANEL | ROBERT JANGAARD | JACK JOHNSON | JENNIFER JOHNSON | JENNA JORGENSEN | ERICA JOSEPH | ANDREW JUECHTER | PURITA JUNTAPHANT | JENNIFER KALTUNAS | JANCI KARP | JEFFREY KEHOE | SHERRY KERCHNER | NAZANIN KIMIAI | REID KIYABU | KELSEY KLAUSMEYER | SAMANTHA KLIM | WHITNEY KNICKREHM | MAEGAN KNUTSON | MARY ALISON KOEHNKE | MELISSA KOHLER | STELLA KONDILIS | CAMILLE KOONTZ | CYN KOTARSKI | ALEX KRAFT | CHRIS KRUMM | SANIKA KSHIRSAGAR | PREETA KUHLMAN | TIM KUHLMAN | CAREY KUNZ | NOREEN LALANI | DAVIS LAMSON | MELISSA LANGE | BLAKE LANGLEY | MELISSA LARSON | MICHAEL LARSON | SARAH LARSON | KIMBERLY LEDESMA-ILLER | MI-JUNG LEE | RITCHIE LEE | EMILY LESNAK | MICHAEL LEU | HURNG JINN LIN | BRANDY ROSE LIPSCOMB | ANGELA LONDON | BOBBI LUTACK | AARON MADSEN | RON MARIOTTI | SUSAN MARRA | STERLING MAXIMO | MELISSA MCCARTY | TRACY MCDANIEL | SERENA MCKENZIE | CHRISTINE MCMANUS | LEAH MCNEILL-HILLER | REBECCA MELDRUM | KARA MENZER | ISABELLA MERRILL | JENNIFER MEYN | EVA MILLER | JULIA MILLER | BRUCE MILLIMAN | LEAH MITCHELL | JERRY MIXON | DIANE MOAN | JOSHUA MONINGER | JILL MONSTER | JXXN MONTENEGRO | AARON MORRIS | SUSAN MUELLER | ELISSA MULLEN | PATTI MULLEN | JANA NALBANDIAN | JOY NAUMAN | ELEONORA NAYDIS | PHANDINH NGUYEN | VICTORIA NGUYEN | MOLLY NIEDERMAYER | AMBER NIXON | JENNIFER NOVEMBER | DANIKA ODAMA | COREY OJIMA | OSEMEKHIAN OKOJIE | KRISTINA OLSON-KUYPER | IMANI OWENS-BAILEY | RIE OYAMA | KAREN PARKER | HEATHER PENDELL | JENA PETERSON | CARRIE PHILLIPS | BRIANNA PICHE | TRESSA PINKLETON | GARY PISCOPO | CHERYL PLAZA | KRYSTAL PLONSKI | CARYN POTENZA | LAUREN POTTS | KASRA POURNADEALI | KATHLEEN PRATT | PARIS PRESTON | MARIA PUTNEY | MICHAEL RAK | RAVYN RAMOS | KAREN RASMUSSEN | JENNA RAYACHOTI | PAUL REILLY | LOREN RICCIO | CELESTE RICHMOND | TERESA RICHTER | ANDREW RIFE | CHRISTINE RIGGIN | BIZZY RILEY | DANIEL RIORDAN | KATHRYN ROHRER | ASHLEY ROLLHEISER | ANGELA ROSS | BRANDY ROSS | ENRICA ROWSE | NATALIE RUBIO | CHRYSALIS SABATINOS | ANGELA SADLON | RANDY SANDAINE | SEAN SAPUNAR | MEGAN SAUNDERS | JESSICA SCHULE | JAMIE SELBY | SHARUM SHARIF | MOHAMMAD SHEGEFT | ANDREW SIMON | MICHELLE SIMON | ELIZABETH SIMS-DAY | ROBIN SINCLAIR | STEPHEN SMITHERMAN | PAMELA SNIDER | EVA SOFIA | MARIKO SPALDING | CHRISTINA STEPHENS | DELORES STEPHENS | LILY STOKELY | ROBERT STRAIT | STEVE STROUD | CIERRA SULLIVAN | MATTHEW SULLIVAN | DEBBIE SWANSON | EDWARD SZYMCZAK | CRYSTAL TACK | TRACI TAGGART | MASAHIRO TAKAKURA | BAHAREH TARASSOLI | ERIN

Without you, there is no us.

WANP's Members

Professional Members (cont'd)

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Supporting Members

PATRICK GALLAHER | CAROLINE MACDOUGALL | RACHEL PANGANIBAN

Thank you for choosing to be a part of the WANP.

WANP Member Benefits

If you haven't looked at the benefits provided by membership in the Washington Association of Naturopathic Physicians in a while, you should! We have been working hard to expand and improve the benefits we offer and we hope you find something valuable in this list. (You can always let us know if you have ideas about additional benefits you'd like to see.)

Political Advocacy

WANP works tirelessly to advocate on your behalf to ensure the growth and protection of naturopathic medicine, your scope of practice, fair reimbursement, and much more. Our broad scope of practice and recognition as primary care physicians in Washington is a direct result of the involvement and advocacy efforts of the WANP.

An Amazing Community of NDs

As a member you get access to our incredible community of naturopathic doctors ready to share and support each other. This includes access to our private members-only Facebook Group, designated social events, and more.

Your Practice Profile Listed in Our ND Directory

Our member directory is a go-to resource for finding naturopathic physicians in Washington State, and it is one more place on the web for new patients to find YOU! You're able to put as much detail as you wish in your profile, along with your contact info and a link to your website.

Exclusive Member Resources and Newsletter

WANP keeps you up to date with the latest resources and news impacting you and your practice, including:

- Resources to help you grow your practice, navigate legal requirements, and more
- Updates on legislative actions affecting your scope of practice or reimbursement
- Action alerts letting you know when we need your help to protect our profession
- Opportunities to socialize, network, and learn

FREE Listings in Our Classifieds

WANP Members have the ability to post to our public classifieds listings for free. This enables you to reach Washington NDs - whether you need to fill a position, sell a piece of equipment, or have a residency opportunity to offer.



Consider joining the WANP today!

WANP Member Benefits

Exclusive Member Discounts and Offers

As a member, you get exclusive discounts to our annual conference, our events, and our CE courses.

You'll also receive exclusive industry discounts such as:

- FREE access to INM Residency Consortium's Quarterly Academic Seminars.
- 50% discount on Visual Dx access/subscription.
- 43% discount on CDL training through The NRCME Training Institute.
- 25% discount on monthly subscription fee for Medicine Talk Pro Shareable.
- 25% discount on professional photography packages with Andrea Michelle Photography.
- 20% discount on sessions with Heather Islander, LMT, CST, MIT.
- 20% discount on professional photography packages with Photography by Carol Hook.
- 20% discount on tax preparation and some accounting services from Gresham Financial.
- 20% discount on orders of premium non-alcoholic wine alternatives from Rock Grace.
- 15% discount on subscription services from doxy.me.
- 10% discount on personal chef services from The Secret Ingredient.
- 10% discount on website design & marketing services from Logic Inbound Healthcare Marketing.
- 10% discount on Malpractice Liability coverage through WANP Corporate Partner Aegis Insurance.
- 5% discount on malpractice insurance purchased through WANP Corporate Partner NCMIC.
- 5% discount on income protection (disability) insurance from Wallingford Financial.
- Reduced hourly rate on legal services from Seattle Litigation Group.
- Package discounts on legal establishment of single or multi-member PLLC from Keil Larsen of Reed Pruetts Walters Larsen PLLC.



And that is only the beginning!

Your active participation in the WANP will bring your specific concerns to bear and help shape the development of our profession. There is no greater way to influence the future of your profession than to get involved with your most committed peers.

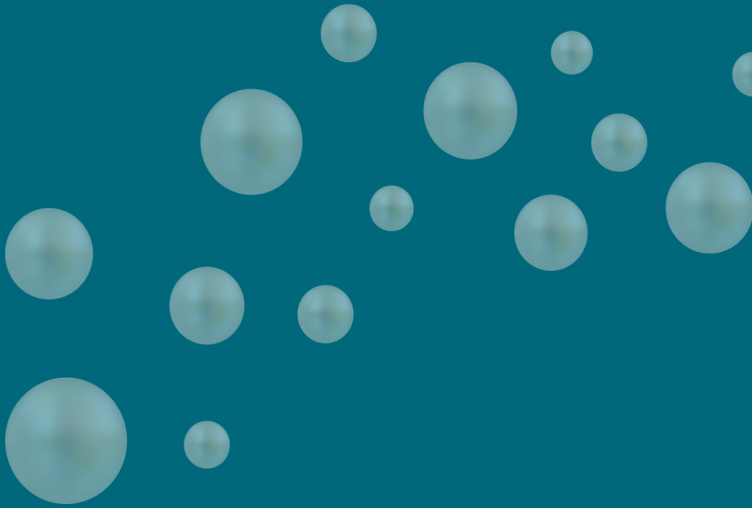


Consider joining the WANP today!



THANK YOU

Special thanks to the WANP's completely volunteer Continuing Education Committee for the hours upon hours they spent inviting and selecting speakers, discussing content, reviewing presentations, and planning all aspects of *The Smart Physician*:

- Alethea Fleming, ND - Chair
 - Allison Apfelbaum, ND
 - Jenna Bailey, ND, FABNO
 - Mandy Gulla, ND, LMT
 - Reid Kiyabu, ND
 - Joy Nauman, ND
 - Teresa Richter, ND
 - Leny Tiu, ND
 - Stacie Wells, ND
 - Erica Wood, ND
 - Greg Yasuda, ND
- 

We are grateful for YOU!



2026 Events Calendar

Sunday, May 3, 2026, 1:30p-2:00p | WANP Annual Member Meeting | Virtual

Sunday, May 3 - Saturday, May 9, 2026 | Naturopathic Medicine Week

Thursday, May 7, 2026, 6p-8p | WANP After Hours | Whisky West, (West) Seattle, WA

Friday, May 8, 2026, 9a | WA DOH Board of Naturopathy regular business meeting

Saturday, May 9, 2026, 5p-9p | NMSA's Kaleidoscope: Mirrors in Medicine | Redmond Ridge Community Center, Redmond, WA

TBD | Student Loan Planning Webinar | Virtual

Wednesday, May 27 - Saturday, June 13, 2026 | WANP Board of Directors Call for Nominations

Wednesday, June 17 - Wednesday, July 8, 2026 | WANP Board of Directors Elections

TBD | WANP After Hours | TBD

Wednesday, July 15 - Saturday, July 18, 2026 | AANP Annual Convention | Madison, WI

Friday, August 14, 2026, 9a | WA DOH Board of Naturopathy regular business meeting

TBD | WANP Night at the Mariners | T-Mobile Park, Seattle, WA

Thursday, September 24, 4p | Conclusion of Walk USA for Health Equity | Pier 62, Seattle, WA

Thursday, September 24, 6p-8p | WANP After Hours Celebrating Conclusion of Walk USA for Health Equity | TBD, Seattle, WA

Saturday, October 3, 2026 | Business/Practice Management Seminar | Hyatt Regency, Bellevue, WA

Friday, November 13, 2026, 9a | WA DOH Board of Naturopathy regular business meeting

*Items **in bold** are hosted by the WANP. Learn more at wanp.org/events*