

2026 IRC Fall Semi-Annual Seminar

Seattle University | Saturday, November 14, 2026



Location: Seattle University, Seattle, WA

(Pigott Building and the Jim and Janet Sinegal Center for Science and Innovation)

Format: In person

Who should attend: Residents, site directors, students, faculty, NDs, and sponsors

CE: Approved for 3 General (3 Total) naturopathic continuing education credits.

Agenda*

Time	Session
9:30–9:45 AM	Welcome & Orientation
9:45–10:45 AM	Artificial Intelligence in Naturopathic Practice: Documentation, Compliance, and Clinical Judgment (1 CE) <i>Dr. Evan Gwilliam</i>
10:45–11:00 AM	Malpractice Insurance Presentation: NCMIC
11:00–11:15 AM	Break
11:15 AM–12:00 PM	AI in Practice: Panel Discussion
12:00–1:00 PM	Lunch, Networking & Sponsor Talk
1:00–2:00 PM	Emergency Preparedness in the Outpatient Setting: A Case-Based Approach (1 CE) <i>Dr. Joy Evers</i>
2:00–2:15 PM	Break & Guided Networking
2:15–2:30 PM	Industry Partner Spotlight: Sabinsa
2:30–3:30 PM	When the Feels Hit Hard: Navigating Mental Health Emergencies in Primary Care (1 CE) <i>Dr. Constance Ohlinger</i>
3:30–3:45 PM	Closing Remarks & Sponsor Appreciation
3:45–5:00 PM	Shaping What's Next: A Collaborative Dialogue on Naturopathic Medicine <i>Oberto Commons, Sinegal Center for Science and Innovation</i>
5:00–6:00 PM	Protocol for Life Balance Scholarship Reception <i>Oberto Commons, Sinegal Center for Science and Innovation</i>



*Agenda subject to change.

2026 IRC Fall Semi-Annual Seminar

Seattle University | Saturday, November 14, 2026



Session Descriptions and Speaker Bios

Artificial Intelligence in Naturopathic Practice: Documentation, Compliance, and Clinical Judgment

Speaker: Evan M. Gwilliam DC MBA CPC CCPC CPMA CPCO

CE: 1 General

Artificial intelligence is already affecting healthcare documentation, patient communication, EHR tools, billing support, patient education, and clinical workflow. This course gives naturopathic doctors a practical compliance framework for using AI safely while avoiding risks such as hallucinated clinical details, cloned notes, unsupported coding or superbill content, privacy violations, and overreliance on automated suggestions. Attendees will learn how to keep the provider's clinical judgment at the center of AI-assisted workflows, including documentation, lab and history summaries, supplement-related education, patient communications, vendor review, and staff training. The course emphasizes that AI can assist with drafting and organization, but the naturopathic provider remains responsible for accuracy, scope, privacy, and patient-specific decision-making.

Dr. Evan Gwilliam, Senior Vice President of Practisync, is an authority in healthcare compliance, coding, and documentation. Graduating as valedictorian from Palmer College of Chiropractic, he holds certifications as a Professional Coder, Medical Auditor, and Compliance Officer, blending clinical experience with a background in accounting and a Master of Business Administration. Dr. Gwilliam is a frequent speaker at industry events, provides expert witness testimony, conducts medical record audits, and consults with healthcare providers. His contributions to publications and reference materials have solidified his reputation as a thought leader in compliance for chiropractic.

AI in Practice: Panel Discussion

This panel offers a practical, behind-the-scenes look at how AI can be integrated into daily operations. Panelists will share how AI supports both clinical care and administrative workflows, from documentation and patient communication to practice management. Learn how AI-powered clinical evidence tools support learning, decision-making, and efficiency during residency training. Attendees will have the opportunity to ask questions and consider how AI might fit into their own practices and training programs.

Emergency Preparedness in the Outpatient Setting: A Case-Based Approach

Speaker: Joy Evers MD, MPH

CE: 1 General

Emergencies in the outpatient clinic are rare enough to catch even experienced clinicians off guard, and early signs of a deteriorating patient are easy to miss. This interactive, case-based session walks participants through realistic scenarios where a patient is unstable or heading that way. Each case centers on supporting the patient and answering the question: what do you do next? Participants will revisit the fundamentals of emergency medicine and resuscitation, practice recognizing clinical deterioration, and work through stabilizing patients and escalating care. It is also an opportunity to identify where their own clinic's equipment, protocols, or processes could be strengthened.

Dr. Joy Evers earned both her MD and MPH in 2009. She attended the Mayo Medical School, while simultaneously studying Public Health at the University of Minnesota. She also holds a BA in Political Science from UCSD, where she graduated Magna Cum Laude and received the Sanford Lakoff Award for her honors thesis on uninsured and underserved populations in California. Dr. Evers completed her Residency in Emergency Medicine at the University of Arizona, and has since worked in hospitals throughout the Southwest, including Scripps Encinitas, Mountains Community Hospital, Kaiser

Hospital San Diego, and the University Medical Center Tucson. She is also an adjunct professor at Bastyr University California.

Dr. Evers founded Healthtopia Clinics in 2018 to bridge the gap between traditional urgent care and naturopathic medicine, leveraging the benefits of both practices to provide patients with thoughtful, comprehensive care.

When the Feels Hit Hard: Navigating Mental Health Emergencies in Primary Care

Speaker: Constance Ohlinger, ND

CE: 1 General

Mental health emergencies can arise unexpectedly in primary care and integrative medicine settings, leaving clinicians responsible for making rapid decisions while navigating difficult conversations and patient safety concerns. This practical, case-based lecture will equip attendees with a clear approach to recognizing and responding to common mental health emergencies, including suicidal ideation and self-harm, psychosis and manic episodes, intimate partner violence and overdoses. Emphasis will be placed on recognizing these emergencies, assessing immediate risk, communicating effectively with patients in crisis, and determining when escalation to crisis services, emergency care, or hospitalization is warranted. The lecture will also review some medication and supportive/naturopathic approaches that may be appropriate for acute symptom management, as well as safety planning, documentation tips, and follow-up after an emergency. The goal is to provide residents with a practical framework they can apply immediately in practice when a routine clinical encounter becomes a mental health crisis.

Dr. Constance Ohlinger is the Clinic Director and site director for the Whole Systems Healthcare (WSHC) clinic, a nonprofit primary care clinic, as well as site director for the WSHC INM residency site. She earned her ND degree and completed her own residency at the National University of Natural Medicine (NUNM) in 2018. Since then, she has pursued additional training and expertise in novel approaches and treatments for mental health conditions, with a personal vision to expand access to mental healthcare for underserved populations. She's also passionate about advancing the naturopathic profession through teaching and mentorship.

Shaping What's Next: A Collaborative Dialogue on Naturopathic Medicine

Leaders from across naturopathic medicine come together for a candid conversation about the state of the profession and the road ahead. Panelists will share perspectives on the challenges and opportunities facing the field, including the development of residency standards that strengthen postgraduate training and support new graduates as they enter practice. Attendees are invited to join the dialogue, contribute their own insights, and help identify the shared priorities that can move the profession forward through collective action.